

## What are Pre-linguistic Skills (PLS) and why they are important?

Pre-linguistic learning skills refers to infant's readiness for communication, which precede the acquisition of true language. It focuses on 4 broad domains:

- Eye contact
- Sitting Tolerance
- Compliance
- Joint/sustained attention



Early intervention facilitates training of prelinguistic skills which benefits broadly in the development of higher specific skills in children. The earlier the child starts the faster they pick up skills for mainstreaming.

### Who will benefit from the program?

The program aims at training children from **2-6 years of age** from an interdisciplinary perspective for ASD, developmental delays, and other communication disorders.

### PARIKRAMA CORE TEAM

- Deepali Rao —Consultant Clinical Psychologist
- Karuna Thakur —Consultant Clinical Psychologist
- Rachna Giri Khah — Consultant Occupational Therapist
- Deepika Mahendru —Consultant Speech Therapist

### OTHER INDEPENDENT SERVICES OFFERED AT VIMHANS YOUTH CENTER

- Clinical Psychological Assessments
- Occupational Therapy
- Speech Therapy
- Cognitive Retraining
- Neuro-Rehabilitation Services



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# PARIKRAMA

## CommDeall EIP for ASD



.....TOGETHER WE EMERGE



### Early Intervention Program for Autism Spectrum

Tel: 01129849010-20—VIMHANS

## What is Parikrama program?

PARIKRAMA is a collaboration between Vimhans Youth Services & Communication DEALL (Developmental Eclectic Approach to Language Learning). It is an **early intervention program** for children with developmental/language disorders such as, Autism Spectrum Disorder, Specific Language Impairment.

**Autism Spectrum Disorder** is a neurodevelopmental disorder characterized by impaired social interac-



tion, verbal and non-verbal communication, and by restricted and repetitive behavior. The therapy program provides

motor, social, emotional, cognitive and communication training. The DEALL program provides intensive stimulation (3 hours/day, 5 days/week, over an academic year) by a team of speech language pathologists, occupational therapists, developmental psychologists .

The intervention program targets the sensory perceptual, motor and communication issues in ASD.

The program aims at attainment of age appropriate skills by the children enrolled in the program, by the age of 5-6 years, across several developmental domains, to maximize possibility of mainstreaming into schools.

## How the program works?

PARIKRAMA is not a special school. It is an early intervention centre which incorporates profile based intervention for each child for motor, sensory, communication issues which is tailor made and worked on with a focus on generalization to activities of daily living skills. Inputs are delivered in an interdisciplinary fashion where all professionals work on same goals at a point in time in a group. Group intervention, facilitates to interact with peers, the child benefits in generalizing the learnt skills. It helps the child to use these skills across different settings / situations and with different people.

## Why we need interdisciplinary inputs?

Through integration of multiple sources different methods are used to enhance each child's individual skills which will address the child's strengths and limitations at that particular time.



## Will there be need of additional therapy?

Additional therapy may not be required for a child enrolled at an early age and one that receives adequate support from the family. On the other hand, a child enrolled at 4 years and above, may need additional therapy.

## How PARIKRAMA is different from traditional therapies/framework?

Traditional currently available models for treating autism and developmental delays involves programs like DENVER model, Applied Behavior Analysis, PECS, SCERTS (Social/communication/emotional regulation/transactional support therapy), Verbal Behavior Analysis, Floor Time, Biomedical Intervention. All the given programs mostly focus on intervention from an individualized perspective. But through group settings it helps addressing:

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- Pre-linguistic skills
  - Peer skills development
  - Generalization across situations
- Target training for mainstreaming.
- The program is developed within a broad based developmental framework. Some behavioral techniques are used but does not follow a particular behavioral model.

## Program Plan & Deadlines

Screening for admission: **14th August to 2nd September.**

Registration & Enrollment: **20th September**

Payment of Fees: **25th September**

Duration of the Program: 6 months  
Program Starts: 6th October  
Fees Structure: 10,000 INR (P.M)  
Payment: Quarterly advance payment  
Delivery of Services: By Core Team at PARIKRAMA center